

Indian Head Massage

Wednesday, 17th APRIL 2024 / 9am to 4pm



"An Indian Head massage will energize your mind and allow tension to slip away".

This ancient technique has been practiced for over a thousand years in India, being passed down from generation to generation. A short treatment of 15 minutes can be given or for more profound results

treatments can take up to an hour. It is a great technique that is easy to learn for the professional therapist or lay person wanting to treat friends and relatives. This is a massage where the client remains fully clothed and in a seated position. This course is delivered by fully qualified trainers. There are no pre-requisites for this course. On successful completion of this course students will receive a Certificate of Attendance.

New skills you will learn in this workshop:

- * Indian head massage with treatment time from 15 minutes to an hour.
- * A variety of movements for the shoulders, neck, scalp and face.
- * General massage and stretching techniques
- * Lymphatic drainage / * Acupressure points / * Energy balancing

Therapeutic benefits of this style of massage:

* Relax nervous system

- * Stimulate circulatory and lymphatic system
- * Relieve joint and muscle stiffness
- * Helps tension headaches and eyestrain
- * Helps general stress and tension

*With this course you can earn 10 CPE Points

Enrolment Form – Indian Head Massage - \$220 complete sections A & B of the enrolment form Instructions: 1. 2. Sign the fee policy 3. Send your completed enrolment form to the address below NOTE: You must pay the full enrolment fee to confirm your place in the course Section A: Personal Details Family Name: Given Names: City/Suburb: Address: / / Postcode: Date of Birth: State: Mobile/Phone: Email: Section B: Payment method I enclose the following amount as confirmation of my enrolment (please tick): Cheque / Money Order (payable to Massage Schools of Queensland) Cash / EFTPOS Credit Card: VISA / MasterCard / AMEX (please circle) Online Transfer *A 1.5% charge (3% for AMEX) will be applied if paying by credit card Name on card: Card Number: _____ Expiry Date: _____ Signature: _____ Fee Policy: All course fees are non-refundable. We reserve the right to cancel a course, in which case a full refund will be issued. I have read and understood the Fee Policy and accept it as part of my enrolment. Signature: Date:

Address: Level 1, 36 Kortum Drive, Burleigh Heads QLD 4220 Postal: PO Box 6782, GCMC QLD 9726 Phone: 07 5576 6366 Email: <u>enquiry@massageschools.com.au</u> Web: <u>www.massageschools.com.au</u>