



# FIJIAN Barefoot Massage

2 Wednesdays  
29th Mar & 5th Apr 2023  
9am to 4pm



## “THE HAND-SAVING TECHNIQUE”

Fijian massages are a natural pain-relief and relaxation technique that has been used for centuries, even after introduction of Western medicine into Fiji

- This wonderful deep tissue therapy for both client and therapist barefoot massage is performed on the floor with clothes on.
- Fijian massage is a technique that uses the masseuse’s feet which involves deep tissue massage using the edges of the feet, that’s more effective at loosening muscles than most that use hands and elbows.
- Feet can get to the source of a client’s pain, releasing tension and tightness. Feet can feel all the client’s sore areas and can increase circulation, mobility and flexibility
- The Fijian Massage aspects of this massage incorporate specific, deep pressure followed by a vigorous jostle movement to the larger muscle groups to help encourage increased neuromuscular connections and activation of weak, inhibited muscle groups.

*\*With this course you can earn 10 CPE Points*

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### **Enrolment Form – Fijian Barefoot Massage - \$350**

- Instructions:
1. complete sections A & B of the enrolment form
  2. Sign the fee policy
  3. Send your completed enrolment form to the address below
- NOTE:** You must pay the full enrolment fee to confirm your place in the course

#### **Section A: Personal Details**

Family Name: \_\_\_\_\_ Given Names: \_\_\_\_\_

Address: \_\_\_\_\_ City/Suburb: \_\_\_\_\_

State: \_\_\_\_\_ Postcode: \_\_\_\_\_ Date of Birth:    /    /

Mobile/Phone: \_\_\_\_\_ Email: \_\_\_\_\_

#### **Section B: Payment method**

I enclose the following amount as confirmation of my enrolment (please tick):

Cash / EFTPOS     Cheque / Money Order (payable to Massage Schools of Queensland)

Credit Card: VISA / MasterCard / AMEX (please circle)     Online Transfer

\*A 1.5% charge (3% for AMEX) will be applied if paying by credit card

Name on card: \_\_\_\_\_

Card Number: \_\_\_\_\_ Expiry Date: \_\_\_\_\_ Signature: \_\_\_\_\_

#### **Fee Policy:**

All course fees are non-refundable. We reserve the right to cancel a course, in which case a full refund will be issued. I have read and understood the Fee Policy and accept it as part of my enrolment.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_