



FACT SHEET Mid-Career Checkpoint

Supporting your successful career transition.

An Australian Government initiative, the Mid-Career Checkpoint program assists people who have spent time out of the workforce undertaking caring responsibilities and who are now looking to return to paid employment. Alternatively, you may have recently entered the workforce but would like support to advance or change your career.

BUSY At Work is the contracted provider to deliver this pilot program in the state of Queensland - we are here to support your successful career transition! The program has three entry points:

- ‘Stepping Back In’ provides access to skills and employment assessment services and advice on re-entry into the workforce, including suggestions for professional and skills development.
- ‘Stepping Up’ supports carers who have recently returned to the paid workforce with access to advice on advancing or changing their career.
- General entry - access to the program if you are an existing worker in a designated industry.

Am I eligible?

To be eligible for the program, you need to:

- have been out of the paid workforce for six months or more, and
- have been undertaking caring responsibilities, and
- be looking to return to work or advance your career.

OR

- be an existing worker in a designated industry*.

What does the program involve?

Working one-on-one with a BUSY At Work Career Guide, Participants receive:

- a free skills and employment assessment,
- tailored career advice and coaching sessions,
- a customised Skills, Training and Employment Plan (STEP) in line with your employment goals,
- potential funding of up to \$3,000 to support training, if this is the recommendation in your STEP.

You can contact us to discuss and check your eligibility for the Mid-Career Checkpoint.

BUSY At Work

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