



# Pregnancy Massage (WE)

SATURDAY, 2nd September 2017  
@ 9.00am – 4.00pm

**Topics:**

- Anatomy and Physiology of pregnancy
- Understanding of the stages of pregnancy
- How to help alleviate non pathological discomforts during pregnancy
- Contraindications to massage
- Safe and comfortable positioning of client
- Adaptation of massage strokes, areas to avoid
- Massage routine for pregnancy
- Postpartum massage

During pregnancy women's bodies go through drastic changes. Massage during the second and third trimester of pregnancy is very helpful in helping women cope with both the physical and emotional changes that happen. There are a lot of cautionary issues though to be understood to massage safely during this important time.

You will learn about the relevant physical changes and how to accommodate them in your massage and you will be able to deliver an enjoyable, relaxing, safe and remedial pregnancy massage. You will also learn when and how to perform postpartum massages.

To enrol, students will need to provide evidence that they have completed Swedish Massage. This course is delivered by a fully qualified Massage Therapist.

---

## **Enrolment Form- Pregnancy Massage WEEKEND \$220**

- Instructions:
1. Complete sections A & B of the enrolment form
  2. Sign the fee policy
  3. Send your completed enrolment form to the address below
- NOTE:** You must pay the full fee to confirm your place in the course

**Section A: Personal Details**

Title: \_\_\_\_\_ Family Name: \_\_\_\_\_ Given Names: \_\_\_\_\_  
Address: \_\_\_\_\_ City/Suburb: \_\_\_\_\_  
State: \_\_\_\_\_ Postcode: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Daytime Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_ Email: \_\_\_\_\_

**Section B: Payment method**

I enclose the following amount as confirmation of my enrolment (please tick):

- Cash       Cheque / Money Order (payable to Massage Schools of Queensland)  
 Credit Card: VISA / Mastercard (please circle)

\*A 1.5% charge (3% for AMEX) will be applied if paying by credit card

Name on card: \_\_\_\_\_  
Card Number: \_\_\_\_\_ Expiry Date: \_\_\_\_\_ Signature: \_\_\_\_\_

**Fee Policy:**

All course fees are non-refundable. We reserve the right to cancel a course, in which case a full refund will be issued. I have read and understood the Fee Policy and accept it as part of my enrolment.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_