Shiatsu Level 1

Day Course
28 February to 30 March 2012
Tuesday, Wednesday & Thursday
9am to 12pm

Shiatsu is an ancient Asian massage technique based on traditional Eastern philosophy and medicine. The meaning of Shiatsu is *finger-pressure.* Pressure is applied through clothing to 'tsubos', or acupressure points, to clear any blocked channels, and thereby stimulate energy flow throughout the body.

The focus in this unit is on learning a Shiatsu sequence, and the fundamentals of correct pressure. Theory covers the history of East Asian Medicine and the basics of Zen Shiatsu. Meridian stretching exercises to regulate the flow of Ki (energy) and blood in the body are also shown.

By the end of this unit students will have a sound understanding of the basic principles of Shiatsu massage, and will be capable of delivering a basic Shiatsu massage treatment.

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Enrolment Form – Shiatsu Level 1 - $600

Instructions:
1. Complete sections A & B of the enrolment form
2. Sign the fee policy
3. Send your completed enrolment form to the address below

NOTE: You must pay the full enrolment fee to confirm your place in the course

Section A: Personal Details

Title: _____ Family Name: _____ Given Names: _____

Address: _____ City/Suburb: _____

State: _____ Postcode: _____ Date of Birth: _____

Daytime Phone: _____ Mobile: _____ Email: _____

Section B: Payment method

I enclose the following amount as confirmation of my enrolment:

Cash

Cheque/Money Order (payable to Massage Schools of Queensland)

Credit Card VISA / Mastercard (please circle)

Name on card: _____

Card Number: _____Expiry Date:_____ Signature: _____

Fee Policy:

All course fees are non-refundable. We reserve the right to cancel a course, in which case a full refund will be issued. I have read and understood the Fee Policy and accept it as part of my enrolment.

Signature: _____ Date: _____

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