



Seated Massage

Wednesday 22nd &
Thursday 23rd February 2012
9am to 4pm



This unit provides participants with the knowledge and skills to perform a seated massage with competence. Students isolate, identify and massage muscles of the neck, shoulder and arms. The physiological effects of seated massage therapy are discussed, along with contra-indications.

We will demonstrate client positioning for seated massage, to ensure safety and comfort, along with adjustment of client position, to enable appropriate delivery of treatment regardless of whether the client is in a specifically designed chair or in an improvised situation.

Students will learn to plan the Seated Massage delivery, so that the treatment follows an orderly and appropriate sequence.

Participants will then learn to apply Seated Massage techniques, with appropriate hand positioning, correct posture and bodyweight positioning, and with techniques applied with correct depth and rhythm. Continuous communication with the client is used for the purposes of feedback.

This is an excellent unit for therapists planning to enter the world of corporate, seated massage and for all therapists in general to learn an alternate style of treatment. Seated massage further enhances and develops professional skills associated with the therapeutic treatment of common clinical conditions.

Enrolment Form – Seated Massage - \$400

- Instructions:**
1. Complete sections A & B of the enrolment form
 2. Sign the fee policy
 3. Send your completed enrolment form to the address below
- NOTE:** You must pay the full enrolment fee to confirm your place in the course

Section A: Personal Details

Title: _____ Family Name: _____ Given Name: _____
Address: _____ Suburb: _____
State: _____ Postcode: _____ Date of Birth: _____
Phone: _____ Mobile: _____ Email: _____

Section B: Payment method

I enclose the following amount as confirmation of my enrolment:

- Cash
- Cheque/Money Order (payable to Massage Schools of Queensland)
- Credit Card VISA / Mastercard (please circle)

Name on card: _____

Card Number: _____ Expiry Date: _____ Signature: _____

Fee Policy:

All course fees are non-refundable. We reserve the right to cancel a course, in which case a full refund will be issued. I have read and understood the Fee Policy and accept it as part of my enrolment.

Signature: _____ Date: _____

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